

Building Your Leadership Coaching Skills

WORKSHOP SUMMARY

“Leadership is about making others better as a result of your presence and making sure that impact lasts in your absence.” — Sheryl Sandberg

The skill of effectively coaching employees is essential to a leader’s ability to help people develop to their fullest potential and motivate them to contribute at their highest level. Great coaches cultivate mindfulness and understand the importance of meeting the individual where they are when in a coaching relationship. This means being aware of individual nuances including personality styles, personal perspectives, intentions and career/personal goals and expectations.

This practical, interactive workshop is designed to give leaders hands-on experience using coaching techniques in their work. Leaders will learn and practice how to get into the coaching mindset and will be introduced to a toolkit of techniques for building a strong coaching relationship and engaging in effective dialogue. Leaders will understand the foundation of effective coaching and why they matter, as well as learn to master coaching conversations using a five-step coaching model.

In *Building Your Leadership Coaching Skills*, leaders will use a Team Coaching Assessment Grid to assess the strengths and opportunities of their team and determine what coaching conversations should be taking place with each team member. Key learning topics in the program include:

- Understand what it means to be an impactful coach.
- Identify three key foundations of effective coaching.
- Explore personal perspectives around coaching.
- Learn how to build a strong coaching relationship.
- Practice and apply several coaching dialogue tools.
- Learn how to master the coaching conversation.
- Build your Coach Action Plan.